



## THERAPY HEALTH HISTORY QUESTIONNAIRE

Please fill in form as completely as possible. Include any additional information as necessary.

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

What is the primary problem or chief complaint that you would like addressed in therapy: \_\_\_\_\_  
\_\_\_\_\_

Date of onset: \_\_\_\_\_ Recent tests (circle): x-rays, CT, MRI and results if known: \_\_\_\_\_

Please circle **current** pain 0 1 2 3 4 5 6 7 8 9 10  
No Pain Severe pain

What is your highest pain rating over the last 3 days: \_\_\_\_\_ Lowest pain rating: \_\_\_\_\_

Does pain wake you at night?  Yes  No

**For the following questions, please check all that apply or fill in words that describe your condition**

What makes your pain worse?  sitting  standing  walking  exercise \_\_\_\_\_

What makes your pain better?  sitting  lying down  heat  ice  medications \_\_\_\_\_

Are your symptoms getting  better  worse  staying about the same \_\_\_\_\_

Are you pregnant?  YES  NO  NA

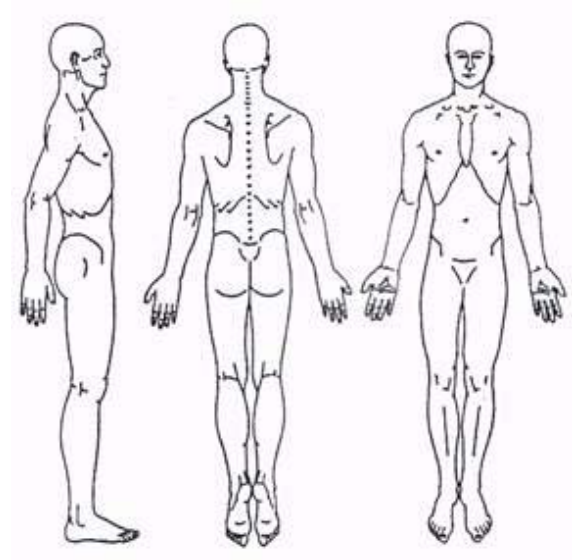
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Please indicate on the diagram the location of your current pain. Describe your pain (example: sharp, dull, ache, stabbing, numbness, shooting, throbbing, tingling, pulling, or tight)

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**Which best describes symptoms (check one)**

- Constant
- Intermittent (relieved with some positions or rest)
- Occasional (daily or less frequent)
- Infrequent (once a week or month)
- Variable (sometimes worse than other times)

What are your current goals for therapy (check all that apply)  return to work  increase motion  increase strength  increase function  improve balance  improve walking ability  other \_\_\_\_\_

**MEDICAL HISTORY**

Please check problems for which you have seen a physician or have been treated for:

- |                |  |                         |  |
|----------------|--|-------------------------|--|
| Diabetes       | <input type="radio"/> Yes <input type="radio"/> No | Thyroid Condition       | <input type="radio"/> Yes <input type="radio"/> No |
| Tumor          | <input type="radio"/> Yes <input type="radio"/> No | Blood Clots             | <input type="radio"/> Yes <input type="radio"/> No |
| Stroke         | <input type="radio"/> Yes <input type="radio"/> No | Anxiety                 | <input type="radio"/> Yes <input type="radio"/> No |
| COPD           | <input type="radio"/> Yes <input type="radio"/> No | Bleeding Disorder       | <input type="radio"/> Yes <input type="radio"/> No |
| Blood Pressure | <input type="radio"/> Yes <input type="radio"/> No | Arthritis               | <input type="radio"/> Yes <input type="radio"/> No |
| Heart Problem  | <input type="radio"/> Yes <input type="radio"/> No | Seizure                 | <input type="radio"/> Yes <input type="radio"/> No |
| Asthma         | <input type="radio"/> Yes <input type="radio"/> No |                         |  |
| Cancer         | <input type="radio"/> Yes <input type="radio"/> No | If yes what kind? _____ |  |

Have you had any surgeries? Yes No

Please list \_\_\_\_\_  
\_\_\_\_\_

Do you have any allergies? Yes No List \_\_\_\_\_

Have you ever had a skin reaction to adhesive tape? Yes No

Do you have any metal implants? Yes No List \_\_\_\_\_

Do you have a pacemaker? Yes No

Are you taking any medications? Yes No

Please list: \_\_\_\_\_  
\_\_\_\_\_

Do you have a follow up with your **referring** physician? Yes No If yes, when \_\_\_\_\_

**ARE YOU CURRENTLY RECEIVING HOME HEALTH SERVICES?  YES  NO**