## Michigan

# **Pediatric Treatment Protocols**

### PEDIATRIC ANAPHYLAXIS/ALLERGIC REACTION

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# Pediatric Anaphylaxis/Allergic Reaction

## **Pre-Medical Control**

## MFR/EMT/SPECIALIST/PARAMEDIC

- 1. Follow Pediatric Assessment and Treatment Protocol.
- 2. Determine substance or source of exposure, remove patient from source if known and able.
- 3. Assist the patient in administration of their own epinephrine auto-injector, if available.

#### **EMT/SPECIALIST**

- 4. In cases of severe allergic reaction, wheezing or hypotension:
  - A. If child appears to weigh less than 10 kg (approx. 20 lbs.), contact medical control prior to epinephrine if possible.
  - B. If child weighs between 10-30 kg (approx. 60 lbs.); administer Epi-Pen Jr.
  - C. Child weighing greater than 30 kg; administer Epi-Pen.
- 5. Albuterol may be indicated. Refer to **Nebulized Bronchodilators Procedure**.

#### **PARAMEDIC**

- 6. If patient is symptomatic, administer diphenhydramine 1 mg/kg IM/IV/IO (maximum dose 50 mg).
- 7. In cases of severe allergic reaction, wheezing or hypotension:
  - A. If child appears to weigh less than 10 kg (approx. 20 lbs.), contact medical control prior to epinephrine if possible.
  - B. Child weighing less than 30 kg (approx. 60 lbs.); administer Epinephrine 1:1000, 0.15 mg (0.15 ml) IM OR via Epi-Pen Jr., if available.
  - C. Child weighing greater than 30 kg; administer Epinephrine 1:1000, 0.3 mg (0.3 ml) IM OR via Epi-Pen if available.
- 8. In cases of profound anaphylactic shock (near cardiac arrest):
  - A. Administer Epinephrine 1:10,000, 0.01 mg/kg (0.1 ml/kg) slow IV/IO to a maximum of 0.3 mg (3 ml).
- 9. Per MCA selection, administer Bronchodilator per **Nebulized Bronchodilators Procedure**.



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10. Per MCA Selection administer Prednisone **OR** Methylprednisolone.

<b>Medication Options:</b>
<u>Prednisone</u>
50 mg tablet PO
(Children 6 and above, if tolerated)
☐ YES ☐ NO
Methylprednisolone 2 mg/kg IV/IO, (maximum dose 125 mg)
☐ YES ☐ NO

# **Post-Medical Control:**

- 1. Additional Epinephrine 1:1,000, 0.01 mg/kg (0.01 ml/kg) IM to a maximum of 0.3 mg (0.3 ml), OR via auto-injector.
- 2. Administer Epinephrine 1:10,000, 0.01 mg/kg (0.1 ml/kg) to a maximum of 0.3 mg (3 ml) slow IV/IO.

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