



**Schoolcraft  
Memorial Hospital**

*In recognition of*

**National Cardiac Rehabilitation  
Week**

**February 9 - 15, 2004**

**Has Your Best Interest At Heart!**

**Schoolcraft Memorial's Cardiac Rehabilitation and Fitness Center would like to remind our patients and our community of how critical it is to maintain a healthy heart.**

**Our Cardiac Rehabilitation and Fitness Center is here to serve you!  
Your health is where our heart is!**

**If you answer yes to any of the following questions, contact your physician today to inquire about your eligibility in taking part in a cardiac rehabilitation exercise program.**

- Do you have a history of heart disease?
- Stroke?
- High Blood Pressure?
- Hardening of the arteries?
- Other diseases of the circulatory system?

**If you answer yes to even one of the questions listed below, then it's time for you to do your part and take charge of your heart...and we're here to help you!**

- Do you have weight management issues?
- Are you living a sedentary lifestyle, devoid of any physical activity?
- Are you stressed?
- Do you have diabetes or high cholesterol?

**Contact Cory Renk  
Exercise Physiologist,  
Cardiac Rehabilitation, Health & Fitness  
Manager at (906) 341-3276.**



**Schoolcraft Memorial Hospital**  
*A commitment to excellence by people who care!*

